

EXTERNAL LEADERSHIP EXERCISE: 5 STEPS TO GAIN PROFESSIONAL SUPPORT

1. What is your Goal? Be clear and be vocal.

2. Who should you approach for support? Get to know organizational leaders and start building relationships.

3. What is your plan to approach them? Make a step-by-step plan: Be Systematic – Be Confident – Be Specific.

4. What will you ask for? List the help you need.

5. Who could be a possible mentor? Guidance and support.